

SAMPLE MENU

Meal times

Breakfast 7:00-9:30 a.m.

Lunch 11:00 a.m.-1:30 p.m.

Dinner 4:30-7:00 p.m.

Example of a lunch/dinner Meal (summer programs)

Appetizer - Hamburger

Entree - Pasta Entrée Station order

Desert - Two cake squares

Drink - Fountain drink

Specific breakfast item by item meal.

Breakfast Meal Option 1

Appetizer - Cereal

Entree – Scrambled Eggs, 2 strips of bacon, potato's, 2 reg toast

Drink – Coffee, Water and OJ from the outside dispenser

Option 2

Appetizer – Mixed fruit or Whole Fruit

Entree – 2 pancakes, 2 chicken apple sausages, potato's, 2 waffles

Drink –Coffee, OJ Water from Outside

Option 3

Appetizer – Danish/Muffin

Entrée – Breakfast Burrito

Drink – OJ, Water from Outside